



Lieutenant Commander Carrie E. Foster
Commanding Officer
Marine Safety Unit Thousand Islands



Lieutenant Commander Foster serves as the Marine Safety Unit (MSU) Thousand Islands Commanding Officer. She is the direct representative of the Sector Eastern Great Lakes Captain of the Port, Officer in Charge of Marine Inspections, and Federal On-Scene Coordinator. She directs all marine safety missions within the U.S. navigable waters of the St. Lawrence River, Lake Oneida, Lake Cayuga, Eastern Lake Ontario and Erie Canal. MSU Thousand Islands is responsible for pollution response, marine casualty investigations, ballast water management, marine event permitting, regulated waterfront facility inspections, and managing a fleet of 20 small passenger vessels within the unit's area of responsibility which extends from the St. Lawrence River International Bridge in Massena, NY to Port Bay, NY.

Lieutenant Commander Foster previously served as Safety and Environmental Health Officer with the USCG Health, Safety, and Work Life Service Center where she provided Industrial Hygiene services, implemented federal and CG safety policy, and provided contingency response safety officer support for 111 CG units within the District 7 area of responsibility. Lieutenant Commander Foster served three prior marine safety tours at MSU Morgan City, Sector Los Angeles/Long Beach, and Sector San Juan earning her Operations Ashore Prevention Insignia and qualifications for domestic inspections, port state control, marine casualty investigations, waterways management, container and facility inspections. Lieutenant Commander Foster also served onboard Coast Guard Cutter JARVIS (WHEC-625) as a Deck Watch Officer and Boarding Officer.

Lieutenant Commander Foster received her commission from the United States Coast Guard Academy in 2007. She holds a Bachelor of Science in Operations Research and Computer Sciences from the United States Coast Guard Academy (2007), a Master of Public Health in Environmental and Occupational Health from the University of Arizona (2018) and a Master of Science in Environmental Policy and Management from the American Military University (2019). Additionally, Lieutenant Commander Foster holds professional certifications as Type I Safety Officer, Associate Safety Professional and Registered Environmental Health Specialist/Registered Sanitarian. Lieutenant Commander Foster is originally from Mechanicsburg, PA and is thrilled to be stationed in the northeast close to family.